



*The Society for Humanism in Medicine (SHIM) is an interdisciplinary group of healthcare professionals committed to nurturing various aspects of humanism in medicine. The Society meets annually to hear a series of seminars and discussions on a relevant theme in a provocative atmosphere that fosters intellectual and spiritual growth and good fellowship. The Society is a non-profit organization with an international membership.*

*SHIM was previously known as The Society for Advancement of Humanistic Studies in Medicine (ISFAHSIM). The name was changed in July, 2004.*



This Continuing Educational activity is Joint-sponsored by the Colorado Foundation for Medical Care, Office of Continuing Education and the Society for Humanism in Medicine (SHIM).

## 40th Annual Conference Copper Mountain Conference Center, Copper Mountain, Colorado

February 20—25, 2010

**Patient and Caregiver Autonomy: Re-examined in the 21<sup>st</sup> Century**

**Program Director: Michael T. Plante, MD**

### Don't Miss SHIM 2010 at Copper Mountain

Inside this issue:

<b>Upcoming Program</b>	<b>1-5</b>
<b>Book Club</b>	<b>6</b>
<b>Copper Mountain/ Accommodations/Lift Tickets</b>	<b>6-9</b>
<b>Fasching Party</b>	<b>10</b>
<b>2010 Meeting/Site Selection</b>	<b>11</b>
<b>Young Physicians Forums</b>	<b>11</b>
<b>SHIM Mission Statement</b>	<b>12</b>
<b>Contributors</b>	<b>13</b>
<b>Officers, Board and Committee Members</b>	<b>14</b>
<b>Registration Form</b>	<b>15</b>
<b>Contact Information</b>	<b>16</b>

I'm really excited about this year's program for SHIM 2010. The ethical principle of autonomy is especially vital in the healthcare reform debate as policymakers on both sides try to use it to sway public opinion. Consider the image of death squads circling the bedsides of elderly patients or the threat of the repeal of abortion rights legislation.

We will open the meeting with a historical overview of the revered principle of informed consent led by Dr Fred Abrams, a past president of ISFAHSIG and a long-time friend to many of us. As usual what Fred has to share with us will be both entertaining and startling.

Our next presenter is Dr Rebecca Kukla, PhD who is in the philosophy department at the University of South Florida. Rebecca has written extensively in the field of epistemology (the branch of philosophy that studies the nature of knowledge) and she will describe for us how caregivers' ethical responsibilities have changed in the age of the internet. She will later lead us in a discussion of how medical advances can lead to challenges to patient autonomy.

SHIM 2010 will give attendees a chance to meet Lori Arviso-Alvord, MD, a colleague of John Sanders at Dartmouth Medical School, who he's been trying to get to SHIM for several years. Dr Alvord has been honored for her achievements as the first Navajo woman general surgeon and her book [The Scalpel and the Silver Bear](#) is a "must-read". Lori will share with us some of the challenges she faced when she returned to serve her reservation as a Western-trained general surgeon and learned how important cultural awareness is to health and medical care. She will sharpen our awareness of the importance of a holistic approach to healthcare.

As any long-time SHIM member knows, Dennis Wentz has a great number of long-time friends who share three characteristics (at least): wit, intelligence and provocative thought. Harry Sweeney brings thirty years of experience in the pharmaceutical marketing field where he garnered honors for his imaginative advertising concepts. He has agreed to discuss the development and impact of Direct-to-Patient marketing of pharmaceuticals. This is guaranteed to provoke a lively discussion.

As usual we will have a number of our dedicated members leading the lively discussions. This will take place at the beautiful new conference center slope side at one of the finest ski destinations in Colorado. We're looking forward to seeing you at Copper Mountain, Colorado.

Michael T. Plante, MD

## Suggested Reading List

- [The Scalpel and the Silver Bear](#) by Lori Arviso Alvord, MD and Elizabeth Cohen Van Pelt
- [Confessions of a Medicine Man](#) by Alfred I. Tauber
- [Doctors on the Edge: Will Your Doctor Break the Rules for You?](#) by Fredrick R. Abrams, MD.
- [Mass Hysteria: Medicine, Culture and Mothers' Bodies](#) by Rebecca Kukla
- Berg JW, Appelbaum PS, Lidz CW, Parker L. *Informed Consent: Legal Theory and Clinical Practice*, 2nd ed. New York: Oxford University Press, 2001.
- Department of Health and Human Services, Protection of Human Subjects, 46 CFR 111(b)

## NEW THIS YEAR

This year the Society for Humanism in Medicine is collaborating with the Colorado Foundation for Medical Care (CFMC) to be joint sponsors for Continuing Medical Education and co-providers of nursing credit for this years meeting.

Colorado Foundation for Medical Care helps to provide fast, efficient and affordable services to the health care community. Improving patient care is a vital part of their core values. CFMC shares a common vision with their joint sponsors, to improve the quality and safety of health care. The relationship with SHIM and CFMC is an exciting new venture and we look forward to working with them for the 2010 conference. It looks like it will be a great match.

# Patient and Caregiver Autonomy: Re-examined in the 21<sup>st</sup> Century

## President Michael Plante, MD

### Meeting Objectives

After participating in this program, physicians should be able to:

1. List examples of how the concept of informed consent has evolved in modern history
2. Interpret how physicians and other caregivers' roles have changed with respect to patient autonomy
3. Illustrate how the media impacts both patient and caregiver autonomy
4. Examine cultural issues which can interfere with effective healthcare in modern society
5. List some arguments both in favor and opposed to the viewpoint that Direct to Patient marketing advances the cause of autonomy

### Meeting Program

#### Sunday AM

February 21                      8:00 - 11:00 am

**Moderator:** Michael Plante, MD

**Speaker:** Fredrick R. Abrams, MD

**Title:** *Informed Consent, Better Late Than Never: How It Evolved to Become A Pillar of Patient Autonomy*

**Objectives:** Reveal that informed consent, a pillar of patient autonomy, is a fairly recent concept and has evolved over the past five or six decades influenced by legal and societal forces.

**Synopsis:** Doctoring, as practiced in Western cultures, began as a person to person art in Greece. This art grew over the centuries to become a cottage craft, still quite intimate, until today it is a billion dollar and much less personal industry. We will learn how the concept of informed consent, so crucial to patient autonomy, came into the doctor-patient relationship and evolved into the legal and ethical standard it is today.

**Discussant:** John Sanders, Jr., MD

#### Sunday PM

February 21                      4:00 – 6:00 pm

**Moderator:** Michael Plante, MD

**Speaker:** Rebecca Kukla, PhD

**Title:** *Promoting Autonomy in the Age of the Internet*

**Objectives:** Learn how patients and their caregivers can use various sources of health information to improve outcomes in healthcare.

**Synopsis:** As patients become ever more active consumers of health information, the physician's role in promoting patient autonomy needs to adapt. Physicians can no longer assume that patients will hear their voices as authoritative. They need to take an active role in helping patients develop skills at sorting and assessing different kinds of health information.

**Discussant:** Jeff Sippel, MD

**Monday AM**

February 22 8:00 – 9:30 am

**Moderator:**

Pat Allen

**Speaker:**

Lori Arviso Alvord, MD

**Title:***Native American Wisdom and Healing in the Modern World***Objectives:**

1) Cultural competency: participants will have a deeper understanding of the principles of medicine practiced by the Navajo tribe; 2) Holistic medicine: to gain knowledge of the multidimensional aspects of health and healing, including mental, physical and spiritual health; 3) Explore the relationship between the mind and the body and the importance of family and community support.

**Synopsis:**

This is a talk that describes Navajo ceremonies and the many elements of ceremony that contribute to healing. The teachings of the ceremony are profiles in sustainability theory, and teach humans a way of living that honors and protects our natural world. This holistic approach can be used to think broadly about how we need to live, in order to maintain health, or invoke healing.

**Discussant:**

Sarah Berga, MD

**Monday PM**

February 22 4:00 – 6:00 pm

**Moderator:**

Pat Allen

**Speaker:**

Rebecca Kukla, PhD

**Title:***Elective Pediatric Surgery: An Ethical Debate***Objectives:**

Become aware of the issues surrounding the decision to perform elective surgery on infants and children when there is no evidence-based medical benefit.

**Synopsis:**

Dr Kukla will examine a number of types of surgery that are performed on infants and children well before they can give consent or even assent, despite a lack of direct or evidence-based medical benefit. Examples include surgeries to 'correct' ambiguous genitalia and mild cleft palate. Typically, we would not consider performing nonessential, nonconsensual surgery upon someone, as it would seem a clear violation of his or her autonomy. But in the case of such procedures on children, the case is often made that they actually enhance autonomy in the long run by positioning the child to have more options available and an emotionally healthier self with which to pursue those options later on in life. Others counter that these 'normalizing' surgeries may well do more harm than good, and actually assuage the discomfort of others more than they help the child. Dr Kukla will examine this ethical debate, and propose some principles for deciding when elective pediatric surgery is an ethically acceptable option.

**Discussant:**

Nancy Johnson, MD

**Tuesday AM**

February 23 8:00 – 11:00 am

**Moderator:**

Nancy McBride, MD

**Speaker:**

Lori Arviso Alvord, MD

**Title:***The Scalpel and the Silver Bear: a Native American's Journey in Medicine***Objectives:**

Develop an understanding of the challenges that people from nontraditional backgrounds face, who train in western medicine. Participants will also be introduced to the latest neuroscience research that describes how meditation and acupuncture work to heal the mind and the body.

**Synopsis:**

Dr Alvord describes her experiences leaving a dusty reservation in New Mexico for Stanford University Medical School in the process becoming the first Navajo woman surgeon. She came to merge the latest breakthroughs of medical science with the ancient tribal paths to recovery and wellness, following the Navajo philosophy of a balanced and harmonious life.

**Discussant:**

Alexis Sherman

**Tuesday PM**

February 23

No Program

<b>Wednesday AM</b>	February 24 8:00 – 11:00 am
<b>Moderator:</b>	Andy Good, MD
<b>Speaker:</b>	Harry Sweeney, JD
<b>Title:</b>	<i>Medicine, Money, Marketing and Morality – Twenty Years Later</i>
<b>Objectives:</b>	Learn how direct to consumer advertising developed in the pharmaceutical industry and what it's part has been in the evolution of patients' attitudes towards physicians and autonomy.
<b>Synopsis:</b>	A lively walk through the halls of history looking at how present day marketing of pharmaceuticals developed.
<b>Discussant:</b>	James Dolan, MD

**To follow: Business Meeting**

<b>Wednesday PM</b>	February 24 4:00 – 6:00 pm
<b>Moderator:</b>	Jeff Rothenberg, MD
<b>Panel:</b>	Fred Abrams, MD, Lori Alvord, MD, Rebecca Kukla, PhD, Harry Sweeney, JD
<b>Title:</b>	<i>Marcus Welby or Dr. House: Is the Breakdown of Autonomy Inevitable?</i>
<b>Synopsis:</b>	Discussion on Patient and Care-giver Autonomy

## From the Secretary-Treasurer

Kathy Calton and I have just returned from a wonderful visit to Copper Mountain and its new and well-appointed Convention Center. We had a great tour of the facilities, looked at all the lodging possibilities, and had a chance to get to know the people with whom we will be working.

First of all, **the mountain**. Copper is huge, with everything we need and want. It has great cruising on the west side of the hill and some gnarly double blacks on the east. It has bowl skiing on the back and even free cat skiing for the out-of-bounds and back country experience. When we saw it, the base was groomed to perfection and on the lower part is an amazing half pipe allowing those lurching at the base, or looking out of the big windows to enjoy the spectacle of kids turning themselves inside out over and over.

Our **meeting room** in the Convention Center is large, with an ample screen and uncrowded classroom seating. Where we have breakfast is just outside the meeting room. We will have the President's Dinner and the Fasching Party in the same location so there will be no need to flip the meeting room at the end of the day. The room is ours so we can leave our papers and notes in place.

But the best part of the whole thing is the **lodging**. The rooms are wonderful, mainly because all of them are individually owned and decorated. There are four or five lodging buildings but most of our block is in the one closest to the Convention Center. The gold-one-bedrooms are in the closest building and couldn't be nicer, with fireplace, full kitchen facilities (which of course are not needed, but it's nice to be able to warm up a cup of coffee) and big bathrooms. The silver hotel rooms and one-bedrooms are excellent, it's just that a walk outside is required as they are farther from the breakfast and meeting rooms.

The **restaurant** scene at Copper Mountain is adequate, but the real choices are in Frisco, minutes away, and Dillon/Silverthorne. We will have a restaurant list for you in your packet.

There are lots of other nice touches at Copper. There is a **free bus service** that can get you to Keystone, Breckenridge, and Arapahoe Basin, as well as to the outlet stores in Dillon and Silverthorne. Sorry, it doesn't go over the pass to Vail and Beaver Creek but there are enough restaurants and shopping in Summit County to keep you occupied. **Lift tickets are a deal**. At a time when one-day tickets prices are approaching three digits, Copper is offering one, two, three and four day packages for a fraction of the cost. Tickets can be ordered/purchased online ahead of time as well as at the resort.

You may have heard that Copper Mountain has been sold by Intrawest to Powder Corp. This has no bearing on our meeting and is actually a very good thing for Copper anyway. Everyone we met is excited at the prospect and looking forward to more great times.

Kathy and I came away excited at visiting Copper Mountain for the first time. Everything about the place is terrific for us, and we both know they will take excellent care of us. We are looking forward with lots of positive anticipation and can't wait to get all of us back together again.

*As you mark your calendars for the 2010 meeting, remember:*

## ***The 40<sup>th</sup> Annual Meeting will open***

***with our traditional Hospitality Suite on Saturday night for registration, food, drink and socializing!***

## **BOOK CLUB**



### **SHIM BOOK CLUB TO MEET AT COPPER**

If you missed attending the first SHIM Book Club last year, you missed a really good event! Plan now to join us for the second annual gathering of the SHIM Book Club at Copper Mountain. The book we've chosen to read is **THE HELP** by Kathryn Stockwell. Currently number four on the New York Times Best Seller List, it has been getting rave reviews. Here are a few to whet your appetite...

“ Set in the rural South of the 1960's, THE HELP is a startling, resonant portrait of the intertwined lives of women on opposite sides of the racial divide. Stockett's many gifts – a keen eye for character, a wicked sense of humor, the perfect timing of a natural born storyteller – shine as she evokes a time and place when black women were expected to help raise white babies, and yet could not use the same bathroom as their employers. Her characters, both white and black, are so fully fleshed they practically breathe – no stock villains or pious heroines here. I'm becoming an evangelist for The Help. Don't miss this wise and astonishing debut.”—Joshilyn Jackson, Bestselling author of Gods in Alabama

“A wonderful book. A compelling and comically poignant tale about three women, and a time and a place that is in many ways very much still with us.”—Beth Henley, Pulitzer Prize– winning playwright of Crimes of the Heart

“Lush, original, and poignant, Kathryn Stockett has written a wondrous novel. You will be swept away as they work, play, and love during a time when possibilities for women were few but their dreams of the future were limitless. A glorious read.”—Adriana Trigiani, bestselling author of the Big Stone Gap series and Lucia, Lucia

“Full of heart and history, this one has bestseller written all over it.”— PW starred review

“It's graceful and real, a compulsively readable story of three women who watch the Mississippi ground shifting beneath their feet as the words of men like Martin Luther King Jr. and Bob Dylan pervade their genteel town. When folks at your book club wonder what to read next month, go on and pitch this wholly satisfying novel with confidence. A -“— Entertainment Weekly

### **Preparing for Copper Mountain**

Copper Mountain is a self contained facility that has an excellent website that will allow you to book your room, lift tickets, and even rentals directly. Or you can call the reservation center to make all of your reservations. Just remember to mention that you are with SHIM to get your special rates

1-866-837-2996

For Website booking:

<http://www.inntopia.travel/aspnet/2.0/packageselect07.aspx?salesid=914637&packagecode=3G89LZ>

# Make your Reservations Soon!!!

## Accommodations: Copper Mountain

Copper Mountain has some fantastic rooms for you to choose from, but listed below is a little more information for you to review to help you choose. The biggest difference between the Gold and Silver Lodging is the distance between your room and the conference center. Gold rooms are closest to the meeting area, but the silver lodging is a little further away from the meeting rooms, but still very much in walking distance. See below for more information! We have only a limited amount of rooms in each category, so make your reservations soon to get the lodging that you would like before its gone!!!

## Room Types

<b>Gold Hotel Room</b>	<b>\$161.00</b>	Great rooms, but all bedding in these rooms are Murphy Beds (ones that pull out from the wall)- no kitchens.
<b>Gold One Bedroom Suite</b>	<b>\$255.00</b>	Very nice and close to meeting rooms, full kitchens in the rooms.
<b>Silver Hotel Room</b>	<b>\$155.00</b>	Great rooms, bedding are regular beds in the rooms, but a short walk, outside to the meeting rooms, no kitchens.
<b>Silver One Bedroom Suite</b>	<b>\$233.00</b>	Great rooms, walking distance outside to meeting rooms, and these rooms have more bedding in these rooms for bigger families full kitchens in the rooms.

**Internet Information:** Internet is available in all rooms, and will be at a cost of \$9.95 per day. There is a business center that has free internet, available for 15 minutes per day, per guest.

### OTHER AMENITIES FOR CONFERENCE GROUP LODGING

- |   |  |
|---|--|
| Walking distance to the conference facilities Central   | Reception Center check-in, open 24 hours   |
| Voice Mail  | Bell service                               |
| Complimentary access to Copper Athletic   | Room charge privileges at select locations |
| Cable TV  | Laundry facilities                         |
| Humidifiers   | Free parking                               |
| Hair dryers   |  |
| Free internet access at the Business Communications Center                                      |  |
| High speed wireless internet access in gold level lodging & many silver properties- Fee Applies |  |

## About Copper Mountain

Copper Mountain is just 75 miles from Denver with 2,450 acres of skiable terrain and a village that feels more like a neighborhood. Copper's guests enjoy steps away lodging, après ski entertainment, naturally divided terrain, exciting events and a welcoming, knowledgeable staff.

**Base Elevation:** 9,712 feet/2,926 meters

**Summit Elevation:** 12,313 feet/3,767 meters

**Vertical Drop:** 2,601 feet/793 meters

**Lifts:** 22 total (1 six-person, high-speed lift; 4 high-speed quads; 5 triple chairlifts; 5 double chairlifts and 7 surface lifts)

**Lift Capacity:** 32,324 skiers per hour

**Skiable Acres:** 2,450 acres/985 hectares makes Copper one of the largest ski and snow board resorts in Colorado

**Marked Trails:** 126 (21% beginner, 25% intermediate, 36% advanced, 18% expert)

**Average Snowfall:** 282 inches/710 centimeters

**Snowmaking:** 380 acres/154 hectares

**Longest Run:** 2.8 miles/5 kilometers (Soliloquy to Roundabout)

**Cross Country:** 25 kilometers of trails allow skiers to make their way through the picturesque White River National Forest.

**Additional Activities:** Ice Skating, Snowshoeing, Tubing, Snowmobiling, Sleigh Rides, Dog Sledding, Cross Country Skiing, Racquet and Athletic Club, Spa Facilities, Shopping, Dining, Après

## Getting to Copper Mountain

### AIR & GROUND TRANSPORTATION SERVICES

Copper Mountain, Inc. (CMI) has contracts with United Airlines, Delta Airlines, Continental Airlines, Colorado Mountain Express, Hertz and Alamo which offer discounted air fare, ground transportation and car rental rates in conjunction with your lodging package.

Please contact our travel coordinator, Roberta Fish, at 1-800-874-3170 or email [Fishr@coppercolorado.com](mailto:Fishr@coppercolorado.com) for further information.

**Ground Transportation:** Door to door transportation service is available from Denver International Airport via Colorado Mountain Express. Colorado Mountain Express has offered SHIM participants a discounted rate, please call them at 800-525-6363 and let them know that you are with SHIM. There are currently 15 shuttles scheduled daily during the SHIM meeting, starting at 8:30 am until 11:00 pm, and you should make a reservation.

## SHUTTLE SERVICE At Copper Mountain

Copper Mountain offers The Summit Stage, Bus/Shuttle service that can take you to all the resorts in Summit County which include, Arapahoe Basin, Breckenridge, and Keystone Resorts. It is a complimentary shuttle that runs frequently throughout the day.

# LIFT TICKETS

**Check out the group discounts lift ticket pricing that Copper Mountain has offered our group. You must purchase these 30 days prior to arrival in order to receive this discounted rate!!! See your savings below. Must order online or through the call center!**

**Lift Tickets      Group Rate      Window Price      Savings**

**Call Center:  
1-866-837-2996**

**Adult (18-64 yrs)**

1 Day	\$55	\$92	\$37
2 Day	\$108	\$164	\$56
3 Day	\$150	\$246	\$96
4 Day	\$192	\$296	\$104

For Website booking:  
<http://www.inntopia.travel/aspnet/2.0/packageselect07.aspx?salesid=914637&packagecode=3G89LZ>

**Seniors( 65-69)**

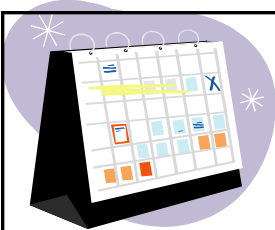
**Student (13-17)**

1 Day	\$49	\$72	\$23
2 Day	\$94	\$124	\$30
3 Day	\$123	\$186	\$63
4 Day	\$156	\$248	\$92

Or Contact Kathy and I will send you the link!

**Child (6-12)**

1 Day	\$30	\$45	\$15
2 Day	\$60	\$84	\$24
3 Day	\$81	\$126	\$45
4 Day	\$108	\$160	\$52



**Planning Ahead.....**

**Crested Butte, Colorado is the site for the 41st Annual Conference**

**Crested Butte Mountain Resort, Crested Butte CO**

**February 19-24, 2011**

**Back to Basics, Putting the Humanities into**

**Humanism: An Experiential & Interactive Colloquium**

**Program Director: Jeffrey M. Rothenberg, MD**





# ***This Year's Fasching Party Come as your Favorite Movie Character!***

**Come as your favorite movie character, or even group of characters in the case of SHIM! Walk Down the Red Carpet onto the stage and be part of Karaoke!**



Will there be trekkies there?

Or maybe a movie star or two??



Or maybe a tv show star?

## Crested Butte, Colorado is the site for the 41st Annual Conference

Crested Butte Mountain Resort, Crested Butte CO

February 19-24, 2011

Back to Basics, Putting the Humanities into Humanism:

An Experimental and Interactive Colloquium

Program Director: Jeffrey M. Rothenberg, MD

Interactive sessions will be lead by pre-eminent researchers from disciplines that bridge the Arts, Humanities, and Medicine: The sessions are interactive workshops crafted to inspire, teach or address profound human issues utilizing the arts as the primary tool. It promises to be a unique and insightful meeting. The program will include:

1. Writing and the Art of Medicine
2. Reflections on Creativity and the creative process
3. How Photography can enhance the care of the Dying
4. Art Therapy: Creative Interventions
5. Movement & Dance Therapy
6. Film & Cinema as a creative tool to aid in healing
7. Musical DNA: a means of uniting persons of vast diversity from around the globe
8. Creating a New Paradigm: The creation of a Unique Student Interest Group at an Academic Medical School -a model for the future

## The Young Physicians' Forum

The Young Physicians' Forum will offer a unique presentation to the membership by a young physician selected by the Program Committee. Proposed nominees should be less than 45 years of age or have finished training within the past 10 years. **Candidates for this forum should be nominated by a member of SHIM in a formal letter directed to the Program Committee.** The Program Committee will then make the final choice. The program format (30-90 minute presentation with or without formal discussant) should be left to the discretion of the program chairman and program committee since the particular talents of the awardees and the needs of the program may vary from year to year.

The recipient of the award would make the presentation on Monday morning either as an integral part of the program or as a shorter added feature after the Monday morning talk. The recipient would receive three nights lodging, roundtrip coach airfare, and expenses (\$200). The intent would be to bring the recipient to the meeting on Saturday and have him/her stay (at least) through Monday night. This would allow the recipient to have significant interaction with the membership.

## CALL FOR NOMINATIONS

Those members who are interested in seeing SHIM expand its sphere of influence are strongly encouraged to serve as members of the Board of Directors (3 year term), or if you have already served on the Board, as an Officer.

If you are interested in serving the Society in one of these positions, please contact the head of the Nominations Committee, Mike Plante, MD at [mplante6644@yahoo.com](mailto:mplante6644@yahoo.com) and copy Anne Wentz, MD at [annewentz@humanismmedicine.org](mailto:annewentz@humanismmedicine.org)

## SHIM MISSION STATEMENT

The Mission of the Society for Humanism in Medicine (SHIM) is to convene an annual forum, with nationally and internationally renowned thought leaders, to expand participants' understanding of humanism and cultural awareness as they apply to the science and art of medicine.

## EDUCATION MISSION STATEMENT

The Society for Humanism in Medicine (SHIM) is organized to foster the understanding and appreciation of humanism as it applies to the science and art of medicine.

### Purpose

The Society's educational goal is to increase the membership's understanding of humanism, and through better understanding, promulgate the principles of humanism in their teaching and practice of medicine.

### Content Areas

The content of the subject material presented at the Annual Meeting of the Society should fall within the confines of the overall purpose of the Society, and be applicable to the art and practice of medicine

### Target Audience

The target audience is the membership of the Society and its invited guests. Participants in the Society's activities and annual meeting include active, emeritus, and honorary members and invited guests. Membership in the Society is open to any physician or member of the healing or humanistic community and is limited to 250 active members. (Each faculty speaker is offered honorary membership in the Society).

### Education Activities

The education activities of the Society include:

- a. The annual winter meeting of formal conferences and lectures, and participant and faculty discussion session following the lectures
- b. Periodic international meetings to foster global networking and encourage membership from other countries, for the purpose of exposure to other systems of medical practice.

### Assessment

The Society measures the impact and practice/educational outcomes of its continuing education activities by maintaining an ongoing dialogue with and between its members as well as by surveys of the attendees immediately following each session and at the conclusion of each annual meeting. The final survey of each annual meeting includes a request for each attendee's educational needs, for recommendations of speakers and topics, for suggestions to improve the educational program, for their perception of how the meeting enhanced their professional effectiveness, whether the meeting helped them improve their professional lives, and if it will result in a perceptible change in their practice of medicine.

The results of each evaluation and comment are tallied and a summary kept for presentation to the Program and education Committee and to the Board. A copy of the summary for each session is given to each lecturer.

The post-meeting questionnaire is accompanied by a specific request for the participant to indicate individual educational needs. These are added to previous needs lists, and used to help the Program Committee plan subsequent programs.

### Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Colorado Foundation for Medical Care and the Society of Humanism in Medicine. The Colorado Foundation for Medical Care is accredited by the ACCME to provide continuing medical education for physicians.

The Colorado Foundation for Medical Care designates this educational activity for a maximum of **16.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. CFMC has no financial responsibility for this activity.

## **Contributors**

SHIM would like to thank all of the people who have so generously donated to the Memorial Lecture Series, the Young Physician's Award, the Tyson Fund and to the Operating Expense Fund of the society. Your contributions are a living memorial to all of those whose spirit guides this group.

### **Young Physicians' Forum**

The Young Physicians' Award (YPA) program, initially established in honor of W. Kemp Strother, MD, has been dormant since 2002. In 2007, the Young Physician's Forum was established.

The new Forum will offer a unique presentation to the membership by a young physician selected by the Program Committee. Proposed nominees should be less than 45 years of age or have finished training within the past 10 years. Candidates for this forum should be nominated by a member of SHIM in a formal letter directed to the Program Committee. The Program Committee will then make the final choice.

The program format (30-90 minute presentation with or without formal discussant) should be left to the discretion of the program chairman and program committee since the particular talents of the awardee and the needs of the program may vary from year to year.

Funding for the 2007 YPF came from the budgeted Speaker Expenses. In 2008 and thereafter, the Dues Statement will include a line for donations to the YPF; it is expected that these donations will cover the expenses incurred.

### **YPF Donors**

- Asghar Afsari, MD
- Rudi Ansbacher, MD
- Les Ballard, MD
- James Dolan, MD

### **Tyson Fund Donors**

- Asghar Afsari, MD
- Rudi Ansbacher, MD
- Les Ballard, MD
- Fredrik Broekhuizen, MD
- James Maharry, MD
- Polly Moore

### **Memorial Lecture Series Donors**

The memorial lecture series was founded in 1985 as a tribute to Vera Drose whose spirit and many gifts helped to bring together our organization and made it grow. As we enter our 33rd year, the proceeds from this fund help in part to sponsor our lecture series. They are a living memorial to all of those whose spirit still guides our group.

- Rudi Ansbacher, MD
- Les Ballard IHO Richard Moore, MD & John Sanders, Sr., MD
- James Dolan IHO Tom Jennings, MD
- James Maharry IHO those who have died
- Polly Moore IHO Richard Moore, MD & Arlene & Lloyd Shields, MD
- John Sanders IHO John H. Sanders, Sr., MD
- Roger Schlesinger, MD IHO Jack Molitor, MD

### **General Fund Donors**

- Rudi Ansbacher, MD
- Les Ballard, MD
- Richard Barsotti, MD
- Sarah Berga, MD
- Fredrik Broekhuizen, MD
- James D. Dolan, MD
- Herbert Friedman, MD
- Myron Gordon, MD
- Judith L. Hardardt, RN
- Carl Herbert, MD
- James Maharry, MD
- Polly Moore
- Steve Ory, MD
- Richard Salzer, MD
- Robert Rogers, MD
- Marguerite Shepard, MD
- Peter Thompson, MD
- Anne Colston Wentz, MD
- Dennis K. Wentz, MD

# SHIM OFFICERS AND BOARD OF DIRECTORS

2009 - 2010

Michael Plante, MD  
 Richard Allen, MD  
 Jeff Rothenberg, MD  
 Frederik Brockhuizen, MD  
 Anne Colston Wentz, MD  
 Duncan R. Neilson, Jr., MD  
 Warren M. Crosby, MD  
 Robert Woodward, MD  
 Robert Gunby, MD  
 Linda Wahby, MD  
 Jack Blalock, MD  
 Steve Ory, MD  
 Janet Hoffman, CNM, MSN  
 Peggy Shepard, MD

President  
 Past President  
 President Elect  
 Vice President  
 Secretary/Treasurer  
 Chair Program/Education  
 Chair Program/Education, Emeritus  
 Chair Finance Committee  
 Board Member 2007-2010  
 Board Member 2007-2010  
 Board Member 2008-2011  
 Board Member 2008-2011  
 Board Member 2009-2012  
 Board Member 2009-2012

## SHIM Committees

### Audit Committee

Nancy Alexander, PhD (Chair)  
 Ted Lehman, MD  
 Peter Thompson, MD

### Finance Committee

Robert Woodward, MD (Chair)  
 Judith L. Hardardt, RN, EdM  
 Rollie Harrington, MD

### Membership Committee

Jeff Sippel, MD (Chair)  
 James Dolan, MD  
 Jeff Rothenberg, MD  
 John Tyson, MD

### Site Committee

Michael Plante, MD (Chair)  
 Anne Colston Wentz, MD

### Program/Education Committee

Duncan Neilson, MD (Chair)  
 Warren Crosby, MD (Assistant Chair)  
 Richard Allen, MD  
 Jack Blalock, MD  
 Frederik Brockhuizen, MD  
 Michael Plante, MD  
 Jeff Rothenberg, MD  
 Anne Colston Wentz, MD  
 Dennis Wentz, MD

### Nominating Committee

Michael Plante, MD (Chair)  
 Jeff Rothenberg, MD  
 Jack Blalock, MD  
 Brandon Chenault, MD  
 Larry Sonders, MD

### Program Planning Committee

Rudi Ansbacher, MS, MD  
 Warren Crosby, MD  
 Dennis Wentz, MD  
 Steven Ory, MD  
 Sarah Berga, MD

**Registration for the 40<sup>th</sup> Annual SHIM Meeting**  
**Copper Mountain, Colorado February 20 – 25, 2010**

Fill in all information. List names and addresses of everyone attending as you would like them to appear on your name-tags. Please give the ages of all children under 18. Please give the city and state for all guests. Send your registration form and payment to **Anne Colston Wentz, MD, SHIM, PO Box 2501, (if FedEx, 392 Holden Road, Beaver Creek) Avon, CO 81620-2501**. Call or email Kathy Calton at 970-390-7337 or [katcalton@humanisminmedicine.org](mailto:katcalton@humanisminmedicine.org) with any questions.

<b>Attendee Information</b>	
Name: _____	Badge Name: _____ --- ACOG Membership # _____ ----
Address: _____	Telephone: _____
	E-mail: _____
Significant Other: _____	City/State: _____
Children: _____	Age: _____ City/State: _____ Babysitter service? _____
Children: _____	Age: _____ City/State: _____ Babysitter service? _____
Guest: _____	Badge Name: _____ ACOG #: _____
Address: _____	Email: _____

<b>Additional Information</b>
Please list anyone who will be receiving education credit (other than SHIM members): _____
Do you have any special dietary (i.e. vegetarian) or accessibility requirements? _____
Is this your first meeting? <input type="checkbox"/> Yes <input type="checkbox"/> No      (We want to be able to recognize you to the membership)
Although you should make your own hotel arrangements, will you be staying at Copper Mountain? The hotel cut-off date for registration is <b>January 20, 2010</b> .
<input type="checkbox"/> Yes <input type="checkbox"/> No      Arrival Date: _____      Departure Date: _____
Besides skiing, is there anything else you would be interested in (i.e. snowshoeing, cross country skiing, nature trip, bridge, etc.)?
Other activities _____

<b>Payment Information</b>		<b>Fill in Amounts</b>	
<b>Conference Registration</b>	<b>Regular Registration</b>		
	<b>Postmarked by Jan. 20, 2010.</b>		
	Meeting Registration – Member.....	\$495	_____
	Spouse or S.O.....	\$200	_____
	Meals (5 breakfasts, 2 dinners, hospitality suite) 1 person.....	\$350	_____
	Spouse or S.O. meals.....	\$150	_____
	Late registration (2 people/1 person).....	\$795/595	_____
	Meals (2 people/1 person).....	\$500/350	_____
	<b>Special Categories</b>		
	First Time Attendee (meals and education included).....	\$500	_____
	Spouse or S.O.....	\$200	_____
	Surviving Spouse Emeritus Member.....	\$350	_____
	Children (Ages 10-18), each.....	\$100	_____
	Children (Over 18), each.....	\$350	_____
	Guests, each.....	\$350	_____
add registration fee, for education credit hours, if desired.....	\$295	_____	
<b>Total Amount Sent =</b>		_____	

41st Annual Conference  
Crested Butte Mountain Resort, Crested Butte CO  
February 19-24, 2011

**Back to Basics, Putting the Humanities into Humanism: An Experiential & Interactive Colloquium**  
Program Director: Jeffrey M. Rothenberg, MD

42nd Annual Conference  
Venue: TBD  
February 25-March 1, 2011

**Humanism in Medicine: Views of past, present and future**  
Program Director: Frederik Brockhuizen, MD

### CONTACT INFORMATION

**Anne Colston Wentz, MD**

**SHIM Secretary/Treasurer**

Box 2501

Avon, CO 81620-2501

Tel: 970-949-0950

Fax: 970-949-0412

Email: [annewentz@humanismmedicine.org](mailto:annewentz@humanismmedicine.org)

**Kathy Calton**

**SHIM Administrator/Meeting Coordinator**

Box 4375

Eagle, CO 81631

Tel: 970-390-7337

Fax: 970-328-7946

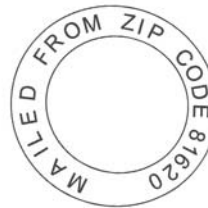
Email: [katcalton@humanismmedicine.org](mailto:katcalton@humanismmedicine.org)

Society for Humanism In Medicine

SHIM

P. O. Box 2501

Avon, CO 81620



NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
PERMIT NO. 2501

Return Service Requested